

THE BEST SOLUTIONS FOR SPEAKING IMPROVEMENT PROCESS

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Abstract: In this article, you will be given some information and measures by which people face their learning process. In addition, you tackle your problems connected with speaking by mentioning ways and techniques.

Key words: speaking skill, shadowing, technical, English, IELTS speaking exam.

I know every English language learner has come across this kind of difficulty, which is: how can I speak better or how can I speak English fluently? You must know that, if you want to speak fluently, this process requires many times and hard practice. Because English is not our native language, when people learn English, our native language has a bad influence on learning quickly. There are many aspects and techniques, but I have only one rule of speaking: I always say “be nature” because English is not our native language, but in my opinion, English will be our second language officially just near the future.

Learning English does not always have to mean sitting in the classroom and studying tricky grammar. If you are IELTS or other foreign language certificate takers, or if you are prepared now, you must know these: high level and fluency; these are not required to advance grammar level. For instance, you know advanced grammar, but you do not know how to use it! As such, you know proficiency-level vocabulary, but you cannot explain clearly. This situation caused you to take a low level and make more mistakes in your speech. Keep in mind, always be nature and “keep it super simple”. You never try to create new words in the English language. Just try to utilize appropriate vocabulary for your topic when you speak. Also, we have a huge problem, which is our native Uzbek language. It can be a bad effect to learn and speak fast in English. There are many reasons. First of all, in the grammatical structure of the Uzbek language, which is subject, verb, and object, there are tremendous differences between the Uzbek and English languages. Secondly, there are three tenses of Uzbek language: past, present, and future, but English language tenses are thirty-five above. The reason why, when people learn in English, they cannot distinguish each other. Then, I know, Uzbek people never

learn English grammar and structures completely. That is why, when we are speaking English, we make a sentence as we speak Uzbek. All right, we know our common mistake is that we have to speak fluently. Firstly, listen more; you must listen to everything in English. For instance, if you need some information or reports, write them down to Google in English at the moment. You need some interesting videos or other contents to search in English through YouTube or another platform and find all the information in English. So, every day make your daily routine in English, for example, “I’m going to school” or “I get up now”. It is really easy to say, but you should always say it and make a long sentence, explain your condition clearly, and speak every movement in English. Therefore, learn vocabulary by definition and listen to how to pronounce it. Hence downloading the relevant professional dictionary on your own phone or other devices. For instance, “Wisdom” and “Oxford” vocabulary. These apps show the words with definition and pronunciation. Therefore, another way of promotion like this: Imagine you are sitting down somewhere; it will probably be a classroom in Institute. At that time, try to find all equipment names in English, for example, a blackboard, shelf, roof, windows, lights, doors, or something like these. Definitely it will improve your wealth of speech, and every day and during the day give reports about weather, for example, sunny days, rainy days, or snowing days at all. That is true; it is really easy but really effective. Another notable point is that you know numerous and various vocabularies but cannot use them during your speech; this is a huge problem for all. Do not forget nothing incredibly easy, so you should do more practice, which is aforementioned.

One way to prevent forgetting is by repeating. Always repeat your wealth of speech so you do not lose appropriate words when you speak. Another helpful way is to listen more in English. For instance, if you listen to music more in English, it can have an amazing effect on your pronunciation. Next one, shadowing technique. Shadowing is a language learning technique where you try to mimic or “shadow” a native speaker as they speak. It is like trying to mirror or repeat their speech as closely as possible. This method is often used to improve pronunciation, intonation, and rhythm in a new language. Here’s a simple three-step guide to shadowing: Play the audio and listen closely to the speaker. Then, try to repeat what they say as closely as possible. The goal is to imitate the pronunciation, tone, and rhythm of the speaker in real-time. If it is too fast, you can pause after short phrases and repeat them. So, learn new vocabulary as well. Hence you will find a world celebrity actor and actress or other English native speaker mundane person; it is up to you; it is

your choice. For example, actor Roven Atkenson's pronunciation and accent are really inspiring, if you had heard his speech till today.

Also, native speakers recommend these:

One common mistake that English learners make is focusing too much on accuracy at the expense of fluency. It often happens when students spend hours memorizing grammar rules or vocabulary lists but don't get enough practice using the language. As a result, their speech sounds stilted and unnatural, which makes communication difficult. The good news is that it's possible to work on both fluency and accuracy simultaneously. With enough exposure and practice, your speaking will become more natural and accurate.

Benefits of Being Fluent in English. Aside from the apparent fact that learning a new language is good for your brain, there are many practical benefits to becoming fluent in English. These include:

Better job prospects. In today's globalized economy, being able to speak English gives you a serious advantage when applying for jobs. Many companies prefer candidates who can communicate fluently in English, making it easier to do business with clients and customers worldwide.

Improved travel experiences. If you are planning on visiting an English-speaking country or spending time in tourist areas of your city, knowing some English will make everything much more accessible. From ordering food and asking for directions to participating in activities and cultural events, speaking the local language will enhance your travel experience immeasurably.

Greater cognitive abilities. Several studies have shown that bilingualism can improve your memory, problem-solving skills, and multitasking ability. If you want to keep your mind sharp as you get older, learning another language is a great way to do it!

Enhanced social life. If you live in an English-speaking country or have friends who speak English, having a conversation in their language will make social interactions much more enjoyable. You will also be able to access a broader range of entertainment, such as movies, TV shows, books, and websites.

Indeed, these are not the only benefits of becoming fluent in English. However, they should give you a good idea of why it is worth putting in the effort to become fluent in this global language.

How to Learn to Speak English Fluently: 10 Ways to Improve Your Speaking Skills
Now that you know what fluency entails, it is time to start working on your skills. It will take time, effort, and consistency to improve, but if you follow these ten tips

on how to improve speaking English fluently, we guarantee you will see progress. We will also provide tips on how to make the most of language learning opportunities.

1. Start Your Day with English

One of the best ways to fit English practice into your day is to do it first thing in the morning. It ensures that you carve out time for language learning and do not let other activities get in the way. There are many different things you can do with your morning English routine. One option is to spend 10–15 minutes reading an article or blog post in English. It allows you to brush up on grammar rules and expand your vocabulary while keeping things low-key at the start of the day. If listening comprehension is your primary goal, try spending 5-10 minutes catching up on the news in English. Podcasts are also an excellent choice for morning listening practice; just make sure they are not too long or challenging so that you do not get discouraged before starting your day!

2. Talk to yourself in English

One of the best things about how to talk more fluently is to start talking to yourself in the language. It may sound silly, but it is a great way to get comfortable using new vocabulary and pronouncing words correctly. Self-talk also forces you to slow down and think about what you're saying, which can help prevent errors when speaking with others. Additionally, this activity allows you to practice thinking in English, which will be handy when participating in the conversation or giving presentations. If self-talk feels too strange at first, try starting by muttering under your breath instead of speaking out loud. Once you get more comfortable with the idea, gradually increase the volume until you're yelling at yourself! This simple exercise easily fits extra English practice into your day without even trying.

3. Keep an English Language Journal

Writing in a journal is a great way to improve your English language skills. It gives you regular practice with spelling and grammar and allows you to express yourself in detail without worrying about making mistakes or sounding foolish. Also, try writing for at least 10-15 minutes on a topic of your choice. It can be anything that interests you, from your plans for the future to what you did yesterday afternoon. Make sure that whatever you write is in all English; no cheating by slipping in some words from your native tongue! If you are struggling with ideas, consider using prompts to help jumpstart your journaling sessions. For example, brainstorm a list of topics ahead of time and then randomly select one each day to write about.

Alternatively, you can find online journaling prompts specifically designed for language learners.

4. Memorize examples with vocabulary words

A great way to expand your vocabulary is to memorize example sentences along with new words. It will help you remember how to speak fluently, use the word in context, and better understand its meaning. Additionally, seeing the word in different sentence structures will help prevent errors when using it yourself. To make things easier, try focusing on one topic at a time and writing out 5–10 example sentences for each vocabulary word related to that theme. For instance, if you're learning about food, you could include phrases like "I am going out for dinner" or "What is your favorite type of cuisine?" Once you have your list ready, practice these sentences each day until they become second nature. You can mix things by saying them aloud, writing them down from memory, or testing yourself with flashcards!

5. Exercise your mouth muscles

Exercising your mouth muscles can help with pronunciation, one of the most challenging aspects of learning any new language. By ensuring that your tongue and lips are used to the movement required for specific sounds, you will be less likely to make mistakes when speaking. Fortunately, you can do many easy exercises at home without special equipment. One popular option is to place a finger on your chin and say "ng" repeatedly; this helps get you used to the correct position for producing this sound. Another helpful activity is exaggeratedly enunciating consonants like "t" or "p" by saying them as loudly and clearly as possible.

You can also try looking in the mirror while performing these exercises to see exactly how your mouth should move. Just do not get too caught up in what you look like—after all, no one else will be able to see you!

6. Copy a native speaker

One of the most important things you can do to learn how to speak English fluently is to find a role model. This is someone whose English-speaking skills you admire and would like to emulate. Listening to native speakers is a great way to improve your speaking ability. But simply listening is not enough; you must also imitate what you hear to make progress. Whenever possible, practice copying the pronunciation, rhythm, and intonation of native speakers. It will help your ear produce more accurate sounds when speaking English. Additionally, matching

another speaker's mannerisms will make it easier for people to understand you when communicating in real-life situations.

7. Learn Some Tongue Twisters

Tongue twisters are short, rhyming phrases designed to be challenging to pronounce. While they may seem like nothing more than a child's game, tongue twisters can be pretty helpful for language learners of all levels. Since tongue twisters focus on specific sound combinations, they are an excellent way to practice pronunciation. They can also help you get comfortable speaking quickly, which is often necessary for everyday conversation. Additionally, repeating tongue twisters aloud can help reduce your accent and make your speech sound more natural. Some examples of popular English tongue twisters include:

How much wood would a woodchuck chuck if the woodchuck could chuck wood?

How can a clam cram in a clean cream can?

She sells seashells by the seashore.

How can a cat catch a rat if the rat ran right across the flat mat?

Of course, not all tongue twisters are created equal; some may be too difficult for beginners or focus on sounds that aren't common in English. When choosing tongue twisters to learn, look for ones that use simple words and target the sounds you struggle with the most.

8. Think in English

One of the hardest things about learning a new language is thinking in that language instead of your native tongue. It can be complicated when you are trying to speak spontaneously or participate in a conversation. However, it is essential to make an effort to think in English as much as possible if you want to become fluent. Try paying attention to your internal monologue throughout the day to start thinking in English. When you have a conversation with someone, think about what you would say in English before translating it into your native language. It may seem strange initially, but it will become easier with practice. You can also use visualization exercises to help yourself think in English. For example, picturing yourself giving a presentation or having a conversation with friends can help you plan what you would say ahead of time. These mental exercises will make speaking spontaneously much more straightforward and help train your brain to think in the new language.

9. Read out loud

Reading out loud is another excellent way to improve your English-speaking skills. As with self-talk, this activity forces you to slow down and think about what you're saying. Additionally, it is a great way to work on pronunciation and overcome the

fear of reading aloud in front of others. Choose a piece of writing that corresponds to your skill level. If it is too complicated, you will get frustrated and be unable to focus on proper pronunciation. Start by reading a few sentences out loud, then gradually increase the length until you are comfortable reading an entire paragraph or page without stopping. Once you have mastered that, try moving on to longer articles or even chapters from books!

10. Learn Synonyms

One of the keys to sounding like a native speaker is using different words to express yourself. It doesn't mean you need to memorize huge vocabulary lists, but knowing different words with the same meaning is helpful. That way, you can choose the perfect term based on context and your audience.

For example, "big" can be replaced with "huge," "massive," or "gigantic," depending on what you're trying to say. Likewise, there are many ways to say "nice," including phrases like "cool," "great," and "awesome." Learning synonyms is also helpful for expanding your English vocabulary in general. You'll start noticing new words and phrases when listening to conversations or reading texts by thinking about how different terms could be used interchangeably. As a result, your vocabulary will grow naturally without much effort!

I think my and a couple of other professional's advice will be valuable for you. If you can always use these methods when you learn English, it will be absolutely valuable for your speaking, because the only way to show your knowledge is your speech, and how can you explain clearly? It is important. The reason why is to set aside everything and learn English.

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