

Time in colors: Capturing memory, past and life moments in painting.

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Abstract

This article discusses how time, memory, and moments of the past can be expressed in the art of painting. It discusses how artists “capture” life events through color and composition, and what emotions they fill them with. The article also analyzes the reflection of the concept of time in the human mind through color psychology and visual language.

Art is a means of expressing a person’s inner world, memories, and dreams in visual form. In particular, painting is not only a copy of the external landscape, but also a reflection of how the artist perceives time, memory and life. Through the medium of colors, past moments, forgotten feelings and memories come to life.

When we observe paintings, we often see a whole life story from one picture, the tone of the past years at a glance. In this, the artist "catches" time through the visual language. Because the human mind does not always perceive time linearly - it is sometimes embodied in memories, colors, feelings for an object.

For example, among Uzbek artists, some works by Chingiz Ahmarov or Rakhim Ahmedov reflect our national past, traditions, various stages of people's life. In their work, colors have become a means of expressing time: warm and pastel colors symbolize nostalgia, warm memories, and cold colors symbolize loss or transience.

The connection between color and memory

Many studies on color psychology also show that certain colors evoke certain memories in humans. For example, yellow often brings to mind sunny days in childhood, while green evokes memories related to nature and tranquility. In this regard, by choosing colors, the artist uses not only his own memory, but also the memory of the viewer.

The art of capturing moments of life

In painting, every moment can become eternity. For example, a simple conversation over tea, sunlight falling on a courtyard, the gaze of an old man on the street - these

are, in the artist's eyes, a deep meaning and a trace of time. In this respect, an artist is not a person who writes down time, but a person who feels it and colors it.

Among today's modern artists, there are also many young artists who express their memories through abstract shapes, colors or textures. Their work is an attempt to immortalize the fleeting moments of life through art.

Conclusion

Capturing time and reviving memory through the art of painting is the true magic of art. Each work is a world, a memory, a moment. And the artist is the bridge that keeps them forever in our lives. The past expressed through colors is the most sincere and deepest layer of art.

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