

## **FEATURES OF COMORBID DISORDERS IN PRIMARY HEADACHES**

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**Introduction.** Sleep disturbances after primary headaches are a common complaint of patients seeking medical attention and are therefore of interest to many researchers. Although episodic forms of headache are not considered a serious medical or social problem, Primary headaches disrupt the patient's daily activities and quality of life and are accompanied by various concomitant disorders - depression, sleep disorders, somatoform disorders.

**The purpose of the study.** To study the features of comorbid disorders in primary headaches.

**Materials and methods of research.** The study examined data from 90 patients with comorbid disorders in primary headache. The patients underwent an objective clinical and neurological examination according to the standard scheme with an in-depth study of the neurological system. Patients are divided into 2 groups depending on gender

**Results.** The manifestation of comorbid disorders was studied in research groups. Emotional disturbances in patients with Group 1 were  $55.56 \pm 5.86\%$  pre-treatment, and sleep disturbances were  $90.28 \pm 3.49\%$ . Emotional disorders in patients with Group 2 accounted for  $68.89 \pm 6.9\%$  of pre-treatment cases and sleep disorders  $57.78 \pm 7.36\%$ .

**Conclusion.** Thus, while sleep disorders predominate over concomitant disorders in patients with primary headaches, emotional disorders predominate over frequent episodic tension headaches.