

## HISTORICAL AND SCIENTIFIC FOUNDATIONS OF SPIRITUAL EDUCATION: ISSUES OF EDUCATION IN THE HARMONY OF FAMILY AND NATIONAL VALUES

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**Abstract:** *This article analyzes the historical and scientific foundations of spiritual education, the role of the family in its formation process, and its harmony with national values. It also scientifically substantiates the importance of spiritual education in the context of globalization, as well as the impact of the family environment and value system on the development of the younger generation.*

**Keywords:** *spiritual education, family, national values, historical heritage, moral education, socialization, globalization.*

The development of society is directly dependent on the human factor, and the success of any social reforms relies on raising a spiritually mature, morally perfect generation. That is why the issue of spiritual education has become important both historically and scientifically. In particular, the family occupies a special place in society as the primary and most important institution of spiritual education.

National values are the main factor determining the content of spiritual education. They embody the historical experience, customs, traditions and worldview of the people and are instilled in the minds of the young generation.

Historical foundations of spiritual education

Spiritual education is a system that ensures spiritual, moral, educational and cultural development of a person, and it was historically formed under the influence of different cultures, religions and philosophical currents. Education has become very important in establishing relationships between people in society. Even now, in order to raise the society to higher heights, that is why education has been given a lot of attention since history. Especially in eastern countries, education is very important.

"**Upbringing**" is derived from the Arabic word, which means to take care of, to teach, to learn, to teach manners, to show kindness, to protect"[1].

The issue of spiritual education has a special place in the works of Eastern thinkers. In particular, Abu Nasr Farabi linked human maturity with moral maturity and emphasized that the development of society relies on enlightened and virtuous people.

Abu Rayhan Beruni emphasized the need to carry out science and education harmoniously.

Also, in his pedagogical views, Abu Ali ibn Sina emphasized the importance of the family environment in the upbringing of a child and evaluated the personal example of parents as an important factor. In the works of Alisher Navoi, values such as humanity, kindness, honesty and justice are interpreted as the basis of spiritual education.

We can quote the wise words of the great thinker Abdulla Awlani: "Upbringing is a matter of life - or death, or salvation - or destruction, or happiness - or disaster" [2]. From these wise words, it is clear that the human being for himself is very important for the child. Education starts from a person's youth.

In Zoroastrian teachings, the following opinion is expressed about education. "Upbringing should be considered the most important pillar of life. It is necessary to educate every young person in such a way that he, first of all, learns to read well and then to write, so that he rises to the highest level, and from a well-fed nation, a good generation - a healthy generation will remain," it is emphasized.

So, in historical sources, spiritual education was always seen as inextricably linked with family and society.

Scientific foundations of spiritual education

Education leads this person to maturity. Human behavior is manifested through the education of his behavior.

In modern pedagogy and psychology, spiritual education is interpreted as a complex system formed in the process of socialization of an individual. According to the scientific approach, spiritual education consists of the following components:

- moral consciousness;
- commitment to values;
- social responsibility;
- civil position;
- awareness of national identity.

Scientific studies show that the first 5-7 years are crucial in the formation of a child's personality, and it is during this period that the family environment and value system have the main influence.

The tasks specified in these decisions provide for the organization of spiritual and educational work on a systematic, continuous and scientific basis. In particular, by recognizing the process of spiritual education as one of the priorities of the state policy, the institutional mechanisms of bringing the young generation to maturity in all aspects were strengthened.

Also, the widespread application of the idea "From national revival to national rise" in the life of society serves to strengthen citizens' sense of national identity, historical memory and respect for the heritage of ancestors. This, in turn, is becoming an important factor in the formation of ideological immunity against moral threats.

In the decisions, special emphasis is placed on the principle of integrity of spiritual education, and the task of strengthening cooperation between the family, educational institutions and community institutions is defined. This approach makes it possible to ensure continuity and consistency in the education of young people, to direct the educational process to a single goal. It is especially important to ensure the stability of the spiritual environment in the territory through the effective use of the educational potential of the neighborhood institute.

In addition, organizing propaganda work based on modern information and communication technologies, increasing the culture of using the Internet, and protecting young people from harmful information flows are defined as urgent tasks. Due to the fact that the expansion of the information space in the conditions of globalization causes the strengthening of various ideological influences on the minds of young people, ensuring ideological security has become an important component of moral policy.

The scientific and methodological basis of the educational process is being strengthened through the development of fundamental and innovative research on spiritual education and social and humanitarian sciences, and the implementation of their results. This makes it possible to increase the effectiveness of spiritual and educational activities, to establish their monitoring and systematically eliminate the identified problems.

In general, the adopted normative legal documents serve to implement complex measures aimed at educating young people to be strong-willed, patriotic, independent-thinking and highly moral. These reforms are important in that they are aimed at creating a healthy spiritual environment in society, ensuring the harmony of national and universal values, and creating a solid foundation for sustainable development.

Family is a small model of society, in which the child gains the first social experience. Parents' behavior, interaction, attention and demands on the child shape his spiritual image.

The following values are instilled in the family:

- respect for adults;
- love for the little ones;
- patriotism;
- diligence;

- honesty and truthfulness.

If a healthy spiritual environment is created in the family, the child will grow up to be an adaptable, independent thinker and responsible person for social life.

National values are the historical memory and spiritual heritage of the nation. They are passed from generation to generation through customs, traditions, rituals, folklore and literature.

In the conditions of globalization, it is an important task to preserve national values and inculcate them in the minds of young people in accordance with modern requirements. Because spiritual education based on national values protects young people from various foreign ideas and forms a strong civic position.

Harmony of national and universal values should be ensured in spiritual education. For example, it is necessary to develop universal human values such as respect for human rights, love of peace, and tolerance along with national traditions.

In short, the historical and scientific foundations of spiritual education show that family and national values play a decisive role in raising a mature generation. The ethical and normative views advanced in our historical heritage have not lost their importance even today. To this end:

- strengthening of a healthy spiritual environment in the family;
- harmonization of national values with the education system;
- educating young people in the spirit of historical heritage;
- improving the mechanisms of spiritual education based on the modern scientific approach is one of the urgent tasks.

Spiritual perfection is an important factor of the stability and development of society. Education in harmony with family and national values creates a strong spiritual foundation for the future generation.

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