

USEFUL METHODS FOR LEARNING ENGLISH

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Annotation. This article discusses useful methods and effective ways to learn English. The article provides very important and necessary recommendations for those who are learning the language. It is also mentioned that thinking in English and learning through various games is also effective.

Аннотация. В этой статье мы расскажем о полезных методах и эффективных способах изучения английского языка. В статье даны очень важные и нужные рекомендации для изучающих язык. Также было отмечено, что мышление на английском языке и обучение с помощью различных игр также эффективны.

Keywords. English, methods, online courses, result, level.

Ключевые слова. Английский язык, методы, онлайн-курсы, результат, уровень. Why learn a language in the first place? Because learning a language is very important for a person's life and his thinking. Interestingly, language is needed in everything. Be it a career or wealth.

Language is such a thing that it opens doors that a person expects and does not expect. With this ability, a person can achieve many goals, plans and successes. Learning English is a great way to improve your professional future and broaden your horizons. More and more people around the world use English as a way to communicate with people from different cultural backgrounds. English has become a key resource in international communication, trade, business, diplomacy, and many other areas [1].

According to the EF English Proficiency Index (EPI), the world's largest ranking of countries and regions by English proficiency, more than 1 billion people speak English as a first or second language, and hundreds of millions more as a third or fourth language. Knowing English helps scientists, researchers, tourists, and business professionals communicate. At the individual level, people who speak English get better jobs, earn more money, and have access to more information available online.

Benefits of learning English. If you are still not convinced of the benefits of learning English, here are a few more:

- Learning English boosts your confidence. It's incredibly satisfying to master something you've struggled with for years.

- Learning English can help you stay up to date with the latest trends in your field, attend conferences, and advance your career.
- Learning a new language keeps your mind sharp, improves your memory, and increases your mental flexibility.
- Learning English gives you access to more world knowledge and different perspectives. More than half of all online materials are in English, and all of the world's leading academic journals are published in English.
- Learning English makes international travel easier and more fulfilling. You'll be less dependent on guides and translators, and you'll be able to explore the world on your own.
- Learning English allows you to meet people from other places and broaden your cultural understanding. The world is more interconnected than ever before.

The secret to learning English quickly is no secret: develop your interest in the language. Ideally, you should be surrounded by English 24 hours a day, 7 days a week. That's why going abroad is a very effective way to learn a language. But if traveling is not an option, you can still create an English immersion environment at home. Do this by reading in English, listening to English podcasts, watching English TV, talking to people at work in English, making English-speaking friends online, etc. It may seem daunting at first. But if you take it one step at a time, you can do it [2].

First, think about what you do every day. Let's say you enjoy running while listening to a sports podcast. Now search for a sports podcast in English. Google is your friend. When you go for a run tomorrow, listen to it. Congratulations, you just converted 30 minutes of your day into English!

Repeat this exercise to gradually rotate through the parts of the day. If you read the newspaper, switch to an English-language paper. If you watch football, watch the game on British TV. If you cook, use recipes from American websites. If you do pottery, find an English-language pottery forum where people discuss your craft. Everything you already do can be done in English, guaranteed.

How to use motivation when learning English. One of the most common mistakes people make when learning English is underestimating how long it will take. Learning English is a long-term goal. Staying motivated for months or years is a big challenge, but it's essential if you want to master English. There's a lot of research to back this up [3].

Here are some tips to keep your motivation high:

Do things you enjoy in English. If you're having fun speaking English, you'll be less likely to quit. Make English a habit. Incorporate it into your daily life. The less you think about it, the more likely you are to use English every day. Keep a learning journal.

Write down what you're doing to improve your English and track milestones, such as your first movie in English without subtitles, your first meeting with an English speaker.

Reward yourself with rewards for reaching specific goals. The rewards can be big or small. A trip to London. Your brain is wired to determine what types of activities are rewarding. If you make English one of those activities, it will automatically motivate you to learn English [4].

Another used and tested method of language learning is online courses and platforms that can be downloaded to the phone. A person can learn the language they want to learn from, for example, thousands of videos posted on YouTube. My classmates and I downloaded Ibrat Academy from the Internet and are learning English from it. Our friend, who knows nothing about English, even achieved A1 level in less than 1 month. Ibrat Academy has all the areas for learning languages. For example, speaking, reading, listening, writing are among them. Thanks to this, our level is increasing every day, we are learning new knowledge every day. This platform does not only have one English language, but also other languages. Korean, Russian, French, Italian, Spanish, and so on [5].

Effective language learning methods are useful for many languages. These methods help students master the language quickly and effectively. Here are some useful methods:

CONCLUSION

In fact, this article gave various recommendations for language learning. First of all, language learning depends on the person himself, his worldview, his interest in learning the language, how he can use it in life after learning the language, for what purpose he uses it, and most importantly, the place of the language in his life.

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